

Sweden opens up a little at a time

From July 1, the government has decided to ease up upon some of the rules regarding corona. But it is still important to follow the national advice.

More people can go to concerts and more people can compete or watch sports competitions. Restaurants may be open longer and you may sit more people at each table.

Before 1 July, 8 people were allowed to attend private parties. Now 50 people may attend. It is still best to only meet those you usually meet. Ideally, you should be outdoors.

Delta variant of the virus in Sweden

But the rules can change quickly. The new delta variant of the corona virus is more contagious and spreads rapidly. It is now also found in Sweden. If the delta variant comes to Kalmar County, there may be stricter rules again. That is what infectious disease doctor Lisa Labbé Sandelin says.

When you get vaccinated, you also get good protection against the delta variant. It is important to take two doses. If more people get vaccinated, the virus cannot spread so easily. Everyone has to keep their distance, stay at home if you feel sick and get tested for the COVID-19. This also applies if you have been vaccinated.

If the infection goes in the right direction, the plan is to change the rules even more in the future.

Vaccination for everyone over 30 years

The Region Kalmar County now allows everyone over the age of 30 to be vaccinated. You need to prebook your appointment. Preferably on the website 1177.se, or by calling the Health Care Centre. Press "0" for information in English. Press "8" to get to the booking by phone.

Some Health Care Centres have drop-in times. Keep an eye on what applies at your Health Care Centre.

Forbidden to light fires in forests and nature

Right now it is forbidden to light fires and barbeque in the forests and nature. This applies to all municipalities in Kalmar County.

This is regulated by law. If you break the law, you can be punished for it. Information about the fire restrictions can be found on the municipality's website.



By scanning the QR-code you can see on the map in which municipalities it is forbidden to light fires.

Municipalities colored orange-yellow marks that it is forbidden. Areas colored green marks that it is allowed.

Have a nice summer! Enjoy being outdoors and meeting your friends in a safe way.

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